Prescription For Nutritional Healing
A Practical A-to-Z Reference to Drug-Free Remedies Using Vitamins, Minerals, Herbs, & Food Supplements
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The Amino Revolution
The Breakthrough Program That Will Change The Way You Feel
By Dr. Robert Erdman, Ph.D.

The Healing Nutrients Within
Facts, Findings and New Research on Amino Acids
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Amino Acids in Therapy
A Guide to the Therapeutic Application of Protein Constituents
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The Ultimate Nutrient, Glutamine
How to use Glutamine to Strengthen the Immune System, Improve Muscle Mass, Heal the Digestive Tract
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A Guide to Coming Off Tranquilizers, Antidepressants, Pain Pills and Other Pharmaceuticals, Using Amino Acids and Nutrients
By Billie Jay Sahley, Ph.D. and Katherine M. Birkner, Ph.D.

Anti-Fat Nutrients:
Safe and Effective Strategies for Increasing Metabolism, Controlling And Losing Fat in 15 Days
By Dallas Clouatre, Ph.D. and William Karneges, M.Sc.

The Carnitine Miracle
The Supernutrient Program That Promotes High Energy, Fat Burning, Heart Health, Brain Wellness and Longevity
Robert Crayhon, M.S.

The Super Hormone Promise, Nature’s Antidote to Aging (DHEA)
The Definitive Book with the Latest on DHEA:
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Add Decades to Your Life
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Maintain Vigor, Health and Energy into Your 80’s, 90’s, even 100’s
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Healthy Healing
A Guide to Self-Healing for Everyone
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Chromium
A Remarkable Micro-Nutrient Which May Protect Against Cardiovascular Disease, Diabetes and Obesity
Provides Valuable Information on Breakthrough Research, Safety and Therapeutic Uses of Chromium
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A Workbook that Works
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A Simple, 7 Step Plan to Help Women Balance Mood, Improve Memory and Restore Energy
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